



Figure S2 Predictions of the real and imaginary parts of the effective acoustic properties of our metafluid sample. (a) The complex-valued effective acoustic wavenumber k and (b) the effective acoustic impedance Z were determined using Eqs. S2-S4, and the material parameters were obtained through direct-contact measurements performed on large soft silicon rubber monoliths and on the pure water-based gel matrix. The mean radius $\langle a \rangle$ was 160 μm , and the size dispersion was 25%. The volume fraction Φ_0 was 20%.

Calculations of the effective mechanical constitutive parameters:

From Eqs. S3 and the measured material parameters, we also determined the real and imaginary parts of both the effective mass density ρ and the effective bulk modulus B for our metafluid sample, as shown in Figs. S3. Although the real part of the effective wavenumber k (or the effective acoustic index $n = k/k_0$) is negative near 200 kHz (Fig. S2a), the model predicts that the real part of the mass density ρ is positive (Fig. S3a), whereas that of the bulk modulus B is negative (Fig. S3b). Therefore, the term “double-negative metamaterials” may be inappropriate to refer to such dissipative metamaterials, as explained by Dubois *et al.*⁶

4. Waterman, P. C. & Truell, R. Multiple scattering of waves. *J. Math. Phys.* **2**, 512-537 (1961).
5. Aristégui, C. & Angel, Y. C. Effective mass density and stiffness derived from P-wave multiple scattering. *Wave Motion* **44**, 153-164 (2007).
6. Dubois, J., Aristégui, C. & Poncelet, O. Spaces of electromagnetic and mechanical constitutive parameters for dissipative media with either positive or negative index. *J. Appl. Phys.* **115**, 024902 (2014).